



Mitchell District High School

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**Engage
Inspire
Innovate**
...Always Learning

As the summer comes to a close, staff are becoming increasingly excited about the start of the school year. We would like to take this opportunity to welcome you

back!!! We hope you had a fantastic summer break, and we look forward to a great year together.

We are equally delighted to welcome Mrs. Langis as the new Vice-Principal to our school. Please take a moment to welcome Mr. Gleadall and Ms. Jackson to our Intermediate teaching team and Ms. Beaugrand, Mr. Brintnell, Ms. Dickie, Mrs. Kroonen, Mr. McGriskin, Ms. Miller, Mrs. Schlumpf, Mr. Simpson and Mrs. Wallace to the secondary teaching team. Additionally, Ms. Vanhie is a welcomed addition to the support staff at MDHS as an educational assistant.

Check out our MDHS website!!
mdhs.avonmaitlandsecondary.ca

Our school website contains information about school events, a school calendar, newsletters, etc. Please visit our website regularly for information on MDHS! Our Twitter feeds (Tweets) are posted directly to our Webpage. Alternately, you can follow us on Twitter @MitchellDHS. Additionally you can **Sign Up for School Messenger**. To do so, Text **Yes to the number 978338**. If successful you'll receive a reply message: You are registered to receive approx 3 msgs/mo. Txt STOP to quit, HELP for help.

The screenshot shows the Mitchell District High School website. At the top, there is a navigation menu with links for 'Home of The Blue Devils', 'Page 3,4,5,6', and social media links for Facebook and Twitter. Below the navigation is a main banner for 'MDHS 2019 Grade 8 Graduation' with details on where and when to attend. To the right, there is a 'Grade 8 Grad Information' section with 'CONGRATULATIONS'. Below the banner are three columns of news and events: 'MDHS COMMUNITY' featuring a 'BUBON PERTS' article, 'ATHLETICS, CLASSES AND EVENTS' featuring a 'CONGRATULATIONS' article for Connor Maclean, and 'MDHS NEWS' featuring several news items including '2019 June Newsletter', 'MDHS June 2019 Final Exam Schedule', 'MDHS Celebrating Achievers', and 'Looking for a summer job?'. At the bottom, there is a 'CATCH UP ON OLDER STORIES' section with links to 'Athletics, Clubs and Events', 'Blue Devils Corner', 'MDHS Community', and 'MDHS NEWS'.

MDHS Responsibilities around Technology

iPads will be disseminated to grades 7-9 within weeks of the start of school.



1. iPads or chromebooks should be brought to school, fully charged and in good working order every day. For grades 7-9, not having an iPad or not having your iPad in working order will not be an excuse for not participating in class or not completing assignments.

2. You are responsible for the security of your devices at all times. Any instances of loss or theft must be reported to the office as soon as possible. There is no protection for theft, but there is a program installed (Find My iPad) that may assist the school in locating lost or stolen iPads. This program must remain turned on at all times.

3. iPad's must be kept in the case at all times. Damages to an iPad, not kept in the Board provided case, are not covered by warranty protection.

4. If your device is not working properly, please report this to the office as soon as possible.

5. Keep your iOS and Apps updated.

6. Do not remove any identifying stickers.

All NGL iPads are the property of the AMDSB and need to be cared for in a responsible manner.

Students in Grade 10, 11 and 12 may have purchased their ipads. Any damage incurred to these devices will be the sole responsibility of the owner.

Emergency Contact Forms

With your student's timetable, there will be an Emergency Contact Form containing personal information from the school's records. Please review this information carefully, note any changes, and return to the school office no later than Thursday, September 5th, 2019. By providing the school with up-to-date information, our records will be accurate, which is necessary to maintaining parental contact.



Medically-At-Risk Students

MDHS is committed to supporting students with prevalent medical conditions to fully access school in a safe, accepting, and healthy learning environment. Some students have a diagnosis that renders them medically-at-risk, defined as: a student with a medically diagnosed predetermined health condition that may experience a life-threatening event, which would require immediate action. Medically-at-risk students could for example, include those with severe allergies (anaphylaxis), asthma, juvenile diabetes, epilepsy, or other conditions such as specific heart conditions. Parents with Medically-at-Risk students are **required** to file a management plan with the main office annually. If your child is medically at risk and you have not filed a plan with us please notify us immediately so that we can have a plan in place by the first day of classes.

SCHOOL CASH ONLINE
Register Today

School Cash Online:

Please remember to access our School Cash Online for any school purchases.

1.

Create Your Profile

avonmaitland.schoolcashonline.com
click **Get Started Today**

2.

Confirm Your Email

Check your inbox for an email confirmation link

3.

Add A Student

Fill in the required fields for each child



Just a reminder that MDHS is now a PEANUT-FREE SCHOOL!!

In addition to the school - all buses traveling to MDHS must be considered peanut-free as well. Buses are designated peanut-free as there

are students riding these buses that may have severe allergic reactions to peanuts and peanut products. For some of these students even the odor of peanuts may cause an anaphylactic shock that could result in death. As you can understand it is vitally important that MDHS students do not bring peanut products to school and while riding these buses do not have peanuts with them or residue on their clothing, selves or breath. As a general rule consuming peanut products directly before coming to school or bringing peanuts to school poses a risk to some of our students. Thank you for your cooperation in making MDHS a safe environment for everyone.

Identifying Peanut-Free Products

Finding peanut-free snacks is a challenge, but carefully reading the product label will tell you what products to avoid. Read the ingredient listing every time you shop. Manufacturing and packaging practices may change without any warning and a product that was once peanut-free may no longer be.

Steps to take when reading labels:

1. Look for any words on the list that could indicate the presence of peanut:

- | | |
|-----------------|---------------------------|
| peanuts | mixed nuts |
| ground nuts | mandelonas |
| peanut butter | beer nuts |
| peanut oil | goober nuts |
| goober peas | peanut flour |
| artificial nuts | hydrolyzed peanut protein |

2. Look for the type of vegetable oil that is used. If the vegetable oil is not identified, avoid the product, as the manufacturer may have used peanut oil.

3. Look for a warning that this product "may contain peanuts or traces of peanuts". (<http://www.lambtonhealth.on.ca/nutrition/allergy>)

Individual Education Plans

The Ministry of Education requires that schools complete a "first 30 school day review," of all student Individual Education Plans (IEP). The MDHS Learning Services Department, in collaboration with classroom teachers, will be completing this review during the month of September. Any students and/or parents wishing to discuss the IEP, prior to receiving it by mail by the end of this review period, are invited to contact Mrs. Porter (grades 9-12) or Ms. Cheskes (grades 7-8).

Student Accident Insurance

An element of risk is involved with any activity, whether students are at home, out with friends or at school. The school board does not carry accident insurance for students. However, you will receive information about student accident insurance that covers accidental dental claims, ambulance coverage, and many other benefits. Please take the time to review the form and consider purchasing this low cost insurance coverage. If you choose to subscribe to Student Accident Insurance please forward your forms directly to the company.

Volunteer Drivers

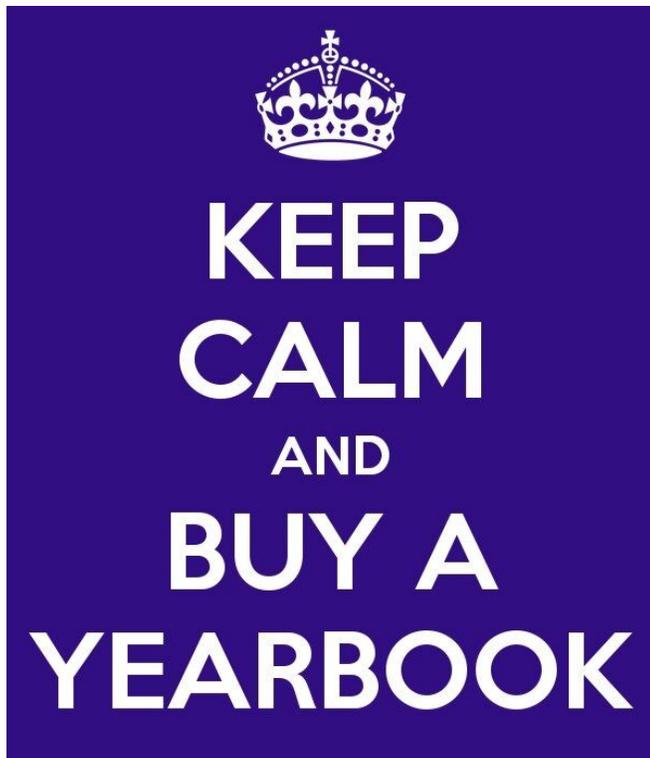
For all modes of transportation, whether commercial or volunteer, the driver must provide proof of liability insurance (one million dollars minimum). Volunteers must also complete a volunteer driver form and submit it to the main office. Students should not expect that they will be allowed to drive to a school field trip or sports activity. Under exceptional circumstances with the advance permission of school administration, students over 18 may be permitted to drive to an event. However, additional passengers will not be permitted and proof of liability insurance (one million dollars minimum) must be submitted well in advance.

Bus Cancellation Information

Where can I find school bus delay and cancellation information? By going to the website for Huron Perth Transportation (ourschoolbuses.ca) or our school website or follow us on twitter @ MitchellDHS. Of course, we will also be submitting cancellations to the radio stations—so tuning in also works.

MDHS Athletics and Phys. Ed.

All coaches at MDHS are gearing up for another exciting year of sports. For new students to our school the fall sports offered are: Boys' Volleyball, Girls' Basketball, X-Country Running, Girls' Field Hockey, Tennis and Golf. It is important to get involved in sports at MDHS because the memories will last forever. Tryouts and practices will begin in September, so listen to announcements for dates, times, and locations.



2019 - 2020 Student Council Executive

Co-President: Alec Murray and Stefanie Smith

Vice-President: Lily Bell-Dunlop

Student Senators & Trustee: Emma Badley and Sydney Smith

Social Conveners: Emma Badley

School Clothing: Emma Goetz and Sydney Smith

Treasurers: Ellyse Murray and Gwenyth McKay

Advertising: Denzel Bolinger and Ryan Bell

Athletic Spirit Committee: Emma Goetz and Emma Hooper

Secretary: Ellyse Murray and Gwenyth McKay

Members at Large: Katherine Havenga, Avery Richardson, Alex McLean, and Madison Bertrand

Exchange Student Coordinator: Genna Murray

Grade 7 and 8 reps: TBA

Staff Advisor: Ms. Hamilton

Yearbook Committee:

Editor: Emily Wood and Serena Hinz

Staff Advisor: Mrs. Caldwell